

# The Gymnastics Book: The Young Performer's Guide To Gymnastics By Elfi Schlegel

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The gymnastics book : the young performer's guide to gymnastics, Elfi Schlegel & Claire Ross Dunn. 9781770851337 (pbk.) :, Toronto Public Library

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gymnastics, Yang Wei Xinhua/Landov the performance of systematic exercises often with the use of rings, bars, and other apparatus either as a competitive sport or

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