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The gymnastics book : the young performer's guide to gymnastics, Elfi Schlegel & Claire Ross Dunn. 9781770851337 (pbk.) :, Toronto Public Library

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The Young Performer's Guide To Gymnastics. By Elfi Schlegel. Elfi Schlegel. Schlegel won two gold medals at the 1978 Commonwealth Games and a team gold

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gymnastics, Yang Wei Xinhua/Landov the performance of systematic exercises often with the use of rings, bars, and other apparatus either as a competitive sport or

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Elfi Schlegel Gymnast Schlegel, Elfi, & Claire Ross Dunn, The Gymnastics Book: The Young Performer's Guide to Gymnastics, Firefly Books Ltd.,

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