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Jon wortmann (author of hijacked by your brain)

Jon Wortmann is the author of Mindfulness Is Sublime Your Brain on Golf: How to Free Yourself When Stress Takes Over by Julian D. Ford,

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Jon Wortmann is an ordained minister, executive and mental coach, speaker, and the author of "Hijacked by Your Brain: How to Free Yourself When Stress Takes Over

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Jon wortmann - the huffington post

May 03, 2015 Jon Wortmann is an executive and golf and the author of "Hijacked by Your Brain: How to Free Yourself When Stress How to Free Yourself When Stress

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