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Jon Wortmann is an ordained minister, executive and mental coach, speaker, and the author of "Hijacked by Your Brain: How to Free Yourself When Stress Takes Over

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Post published by Julian Ford Ph.D. on Aug 31, 2013 in Hijacked by Your Brain. SHARE; TWEET; SHARE; EMAIL

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May 03, 2015 Jon Wortmann is an executive and golf and the author of "Hijacked by Your Brain: How to Free Yourself When Stress How to Free Yourself When Stress

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