

# Fat Free & Ultra Lowfat Recipes By Doris Cross

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Doris Cross is the author of Almost Fat Free Down-Home Cooking (2.50 avg rating, 2 ratings, 0 reviews, published 1995), Real Food for People with Diabete

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and make your own low-fat taco or pita chips for (Potter) offers this excellent tzatziki recipe. Tzatziki. Makes 4 to 6 servings) 2 cups plain yogurt. 1 cup

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