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Feb 10, 2004 Did Dr. Robert Atkins, proponent of the low-carbohydrate diet, die of a heart attack

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Atkins' diet Popular nutrition A carbohydrate-poor, fat-rich 'fad' diet developed by Dr Robert Atkins in which 73% of the caloric content is fat; the basis of the

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The purpose of the Atkins Diet is to change your eating habits to help you lose weight and keep it off. The Atkins Diet also says it's a healthy lifelong approach to

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How does the Atkins diet work? Learn how low carb diets work and why the Atkins low carb diet is one of the most effective diets around.

## **Atkins diet medical definition | merriam-webster**

Medical Definition of ATKINS DIET: a weight loss program that emphasizes a diet low in carbohydrates along with little restriction on protein, fat, or total caloric

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Robert Coleman Atkins (October 17, 1930 April 17, 2003) was an American physician and cardiologist, best known for the "Atkins Nutritional Approach", or "Atkins

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